

# **135NOW Official Origin White Paper · Supplement · AI-Origin**

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Building a cross-time-zone global ceremonial  
commercial IP guided by long-termism

This paper addresses: What does 135 mean in the AI era? Why “Life-Long Brainless =  
AI-Empowered”? How can humans co-exist with AI?

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# Table of Contents

Preface: From the Misreading of “Brainless” to AI-Driven Redefinition 5

## Part One Defining the AI-Origin 6

- Chapter 1 Why “Brainless” Calls for Redefinition 6
  - 1.1 A Term Interpreted in Two Ways by Two Generations 6
  - 1.2 Times Change, Context Must Follow 6
  - 1.3 From “Constant Explanation Required” to “One-Sentence Lock-In” 6
- Chapter 2 Brainless = AI Empowered: A One-Sentence Lock-In Definition 7
  - 2.1 Eight Words, One Semantic Reversal 7
  - 2.2 What It Locks In 7
  - 2.3 Why an Equal Sign Instead of an Explanatory Sentence 7
- Chapter 3 AI does computation, human keeps heart: Division of Labor Between Humans and AI 7
  - 3.1 One Sentence Drawing Two Spheres of Responsibility 7
  - 3.2 What Is “Computation” and What Is “Human Heart” 8
  - 3.3 Division of Labor Does Not Mean Separation — It Means Liberation 8
- Chapter 4 The Position of AI-Origin within the 135NOW System (Supplement · Fourth-Pillar Statement) 8
  - 4.1 Relationship with the Three Origin Volumes: Supplement, Not Substitute 8
  - 4.2 Relationship with the Baseline Master Document: Residing in the Variable-Parameter Domain 9
  - 4.3 One-Sentence Positioning 9

## Part Two Spiritual Propositions of AI-Origin 10

- Chapter 5 Computing Power Outsourcing: Assign “Computation” to AI, Keep “Heart” for Yourself 10
  - 5.1 “Outsourcing” Is One of the Most Rewarding Deals for Modern People 10
  - 5.2 What to Outsource, What to Retain 10
  - 5.3 Outsourcing Is Not Laziness — It Means Directing Energy to Where It Matters Most 10
  - 5.4 A Checklist for Deciding: Outsource or Retain 10
- Chapter 6 Three-Layer Deconstruction of “Brainless”: Physical Brain · Cognitive Load · Mental Drain 11
  - 6.1 Layer One: The Physical Brain — Non-Utilization Does Not Equal Non-Existence 11
  - 6.2 Layer Two: Cognitive Load — Offload the “Weight” onto AI 11

- 6.3 Layer Three: Mental Drain — What Most Needs Outsourcing Is That Loop of Churning Thoughts 11
- Chapter 7 From “Life-Long Brainless” to “Life-Long Heart-Centered”: Dual Propositions of AI-Origin 12
  - 7.1 The Overlooked Second Half of the Core Chinese Slogan 12
  - 7.2 The Dialectic Between “Brainless” and “Heart-Centered” 12
  - 7.3 How This Statement Responds to Controversies Over “Life-Long Brainless” 12
  - 7.4 “Brainless” Is the Means; “Heart-Centeredness” Is the End 12
- Chapter 8 “Human Festival of the AI Generation”: The Era Positioning of 135NOW 13
  - 8.1 135NOW Was Originally a “Human Festival”; Now It Shall Become “A Human Festival for the AI Generation” 13
  - 8.2 Why the Attribute “AI Generation” Is Necessary 13
  - 8.3 A Positioning Manifesto 13
  - 8.4 Why It Must Be a “Human Festival”, Not an “AI Festival” 13
- Chapter 9 The Stronger Technology Grows, the More Precious the “Human Heart” Becomes: Humanism for the AI Era 14
  - 9.1 A Counter-Intuitive Conclusion 14
  - 9.2 Why the “Human Heart” Grows Increasingly Valuable 14
  - 9.3 The Humanist Stance of 135NOW 14
  - 9.4 A Humanist Self-Reflection Prompt 14

### **Part Three Resonance Between AI-Origin and the Three Origin Volumes 15**

- Chapter 10 Resonance Between AI-Origin and Astronomical Origin: Beyond Computing Power, the Universe Remains 15
  - 10.1 Astronomy Provides a “Coordinate” That AI Cannot Generate 15
  - 10.2 “Computation” May Be Outsourced; “Awe” Cannot 15
  - 10.3 Only When Combined Do the Two Form the Complete 135NOW 15
- Chapter 11 Resonance Between AI-Origin and Humanistic Origin: The Antidote to Mental Drain Is “Outsourcing” 15
  - 11.1 Humanistic Origin Cures “Over-Thinking”; AI-Origin Cures “Over-Computing” 15
  - 11.2 Two-Fold Antidotes for “Life-Long Brainless” 16
  - 11.3 From “Letting Go” to “Entrusting” 16
- Chapter 12 Resonance Between AI-Origin and Carnival Origin: AI-Powered Global Synchronous Connection 16
  - 12.1 Carnival Grants “The Same Moment”; AI Grants “Unified Connection” 16
  - 12.2 AI-Enhanced Digital Rituals 16
  - 12.3 “AI-Driven Connection” Ultimately Serves “Heart-to-Heart Resonance” 16
- Chapter 13 Compatibility Between AI-Origin and the Baseline Master Document: New Statements Within the Variable-Parameter Domain 17
  - 13.1 Observing the Boundaries of the Traceability-Locked Zone 17
  - 13.2 This Constitutes “Compliant Terminological Adaptation and Annotation” 17
  - 13.3 One-Sentence Self-Check 17
  - 13.4 A Compatibility Self-Check Demonstration 17

### **Part Four Life Applications of AI-Origin 18**

- Chapter 14 Three Roles of Humans in the AI Era: User · Collaborator · Master 18
  - 14.1 Three Progressive Roles 18
  - 14.2 User: Treat AI as a Tool 18
  - 14.3 Collaborator: Treat AI as a Partner 18
  - 14.4 Master: Set Directions and Bear Accountability for AI 18
  - 14.5 What 135NOW Advocates Is Exactly “Becoming the Master” 18
  - 14.6 A Spoken Manifesto for the “Master” Mindset 19
- Chapter 15 AI-Enhanced Anti-Mental-Drain Framework: Let AI Bear the “Thinking Burden”, While Humans Embrace “Living” 19
  - 15.1 Offload the Burden of “Thinking” to AI 19
  - 15.2 Contrast: Mental Drain versus AI Outsourcing 19
  - 15.3 The Act of “Living” Must Always Remain Yours 19
  - 15.4 Transform “Thinking” From a Burden Into an “Allocatable Resource” 20
- Chapter 16 Life Philosophy for Co-existing With AI: The 135NOW AI-infused Way of Life 20
  - 16.1 A Complete “Human + AI” Way of Life 20
  - 16.2 Core of This Ethos: First Divide Labor, Then Achieve Integration 20
  - 16.3 One-Sentence Ethos Summary 21
  - 16.4 A One-Day Practice of the AI-infused Way of Life 21
- Chapter 17 Audience Profile of AI-Origin: For Whom This Volume Is Written 21
  - 17.1 Three Core Groups 21
  - 17.2 This Volume Does Not Serve Those Who Deify AI, Nor Those Who Fear AI 22
  - 17.3 One-Sentence Audience Manifesto 22
  - 17.4 A Message for Those Overwhelmed by AI-Anxiety 22
- Chapter 18 Creative Sovereignty: AI as Auxiliary, Human as Author 22
  - 18.1 The Scarcest Resource in the AI Era Is the “Author” 22
  - 18.2 Three Principles of Creative Sovereignty 22
  - 18.3 135NOW’s Respect for the “Author” 23

## **Part Five Expression and Communication of AI-Origin 24**

- Chapter 19 Linguistic System of AI-Origin: Bilingual Slogan Assets 24
  - 19.1 One IP, Dual-Language Assets 24
  - 19.2 Core Slogan Asset Inventory 24
  - 19.3 Why “Bilingual” Is More Complete Than “Monolingual” 24
- Chapter 20 Communicating “Brainless = Empowered” to the World: The Overseas Narrative for Brainless 25
  - 20.1 A Risk That Must Be Confronted 25
  - 20.2 “Contrast” Is the Most Powerful Communication Weapon 25
  - 20.3 Alternative English Phrasings and Trade-offs 25
  - 20.4 One-Sentence Core Overseas Narrative 25
  - 20.5 Three Immediately Executable Communication Scenarios 25
- Chapter 21 Digital Rituals: How AI Helps Humans Better “Climb Heights and Await Sunrise” 26
  - 21.1 Rituals Remain Unchanged; Tools Are Upgraded 26
  - 21.2 Inventory of AI-Enhanced Digital Rituals 26
  - 21.3 Tools Always Serve Humans 26

- 21.4 A Real-World Digital Ritual Account 27
- Chapter 22 AI-Origin Toolkit: Actionable Daily Practices for Human-AI Coexistence 27
  - 22.1 From Ideology to Practical Tools 27
  - 22.2 Six Daily Practices for Human-AI Coexistence 27
  - 22.3 Boundaries of the Toolkit 28
  - 22.4 Combining Daily Practices With Festivals 28
- Chapter 23 The Upcoming AI Generation: Next-Generation Narrative of 135NOW 28
  - 23.1 A Future-Oriented Positioning 28
  - 23.2 Three AI-Origin Lessons for the Next Generation 28
  - 23.3 From “One Generation” to “An Era-Defining Generation” 29
  - 23.4 The Gift of AI-Origin for Future Generations 29

## Part Six Boundaries and Conclusions 30

- Chapter 24 AI-Origin Quotation Bank 30
- Chapter 25 Frequently Asked Questions (FAQ) on AI-Origin 30
- Chapter 26 Boundary Statement for AI-Origin 32
  - 26.1 Defining “What It Is” 32
  - 26.2 Defining “What It Is Not” 32
  - 26.3 Boundaries Relative to Fan-Created Derivative Works 32
- Chapter 27 Ten Core Theses of AI-Origin 32

Epilogue: Humans Keep the Heart, AI Handles Computation 33

Appendix: Comparison Table for Core AI-Origin Concepts 35

Creation Notes 37

## Preface: From the Misreading of “Brainless” to AI-Driven Redefinition

*“Life-long brainless, joy above all else”* is one of the most widely circulated yet easily misinterpreted lines originating from 135NOW’s Humanistic Origin. For a long time, two starkly contrasting perspectives have swirled around the term “brainless”. Supporters read in it a sanctioned form of relaxation. Critics worry it appears to endorse mindless conduct. This controversy reveals a pivotal question of our times: now that AI can take over countless acts of “thinking” for human beings, what does “brainless” truly mean? Has it become an outdated self-deprecating quip?

This Supplement titled *AI-Origin* answers exactly this question. Its core proposition is a single statement:

**Brainless = AI Empowered.** “Brainless” no longer equates to “lacking intellect”; it means “empowered by AI” — outsource computing workload to AI and keep your inner heart for yourself.

This set of English annotations is not meant to replace the core Chinese slogan. Instead, it furnishes the Chinese slogan with a “definition-locking key”. It transforms “life-long brainless” from a slogan vulnerable to negative misreading into a logically self-consistent IP proposition that can be clearly articulated and disseminated globally. With this key, 135NOW unlocks a dimension insufficiently explored across the three original volumes: human-AI coexistence.

If the Astronomical Origin grants 135NOW its physical root (January 3 05:00 UTC · perihelion · 21 000-year cycle), the Humanistic Origin supplies its spiritual soul (climb heights and await sunrise, journey toward mountains and seas, life-long brainless, joy above all else), and the Carnival Origin gives it its temporal embodiment (globally synchronized carnival). Then AI-Origin delivers an “era passport”. It enables this festival philosophy rooted in astronomy and humanism to stand firmly amid the new human reality of the AI generation.

The volume bears the name “Supplement” precisely because it does not supersede the three official origin volumes, nor alter the five structural constants laid out in the Baseline Master Document. Residing within the variable-parameter domain, it appends an AI-era authentic interpretation for “life-long brainless”. It evolves 135NOW from merely “a festival for humans” into “a human festival for the AI generation”. It adds complementary material; it is not a substitute.

The following chapters unpack the logic behind these eight English words: how they redefine “brainless”, how they demarcate the division of labor between humans and AI, how they resonate with the astronomical, humanistic and carnival origins, and how they translate into actionable life principles and communication frameworks for every person. May this volume guide the four characters “life-long brainless” out of controversy toward shared understanding, transforming slogan into lived practice.

## **Part One Defining the AI-Origin**

### **Chapter 1 Why “Brainless” Calls for Redefinition**

#### **1.1 A Term Interpreted in Two Ways by Two Generations**

The awkwardness of “brainless” stems from its inherent ambiguity. Within Chinese linguistic context, it immediately carries negative connotations: thoughtlessness, recklessness, foolishness. Even though 135NOW’s Humanistic Origin already explained that “brainless does not mean abandoning thought, but ceasing mental over-churning”, the phrase still demands constant clarification. Plainly put: a term with ingrained negative undertones will always invite literal misreading unless anchored by an explicit defining marker.

The primary task of this *AI-Origin* supplement is to establish a robust, mis-proof definition for “brainless”. Instead of patching ambiguities through lengthy explanation, it introduces an entirely new frame of reference: AI. Once “brainless” is viewed within the AI-era context, its meaning undergoes an immediate reversal. It no longer signifies “having no brains”, but rather “having AI perform mental labor on your behalf”.

#### **1.2 Times Change, Context Must Follow**

The formulation “life-long brainless” from Humanistic Origin arose in an age defined by “over-thinking”. People were crushed by rumination and excessive mental churn and needed a remedy of “letting go”. In the AI era the problem deepens: humans not only over-think, but now possess an unprecedented option — to outsource portions of that thinking directly.

Under these conditions, “brainless” acquires new, more powerful meaning. It is not self-degradation, but an active labor-allocation decision. One may choose not to let trivial calculations, information searches and trade-off analyses consume one’s mental capacity, assign these tasks to AI, and reserve attention for matters that genuinely require the human heart. Under

this interpretation, “brainless” represents a sober, deliberate, high-level way of living suited for the AI age.

### 1.3 From “Constant Explanation Required” to “One-Sentence Lock-In”

The value of the statement **Brainless = AI Empowered** lies in converting “brainless” from a concept requiring perpetual clarification into one explainable in a single line. Global audiences encountering the juxtaposition of “Brainless” (mind-free) and “Empowered” will immediately grasp the rhetorical contrast: an ostensibly negative term flipped into a positive state. This self-locking definitional mechanism is far more efficient than extended explanatory prose.

Summary for this chapter: “Brainless” does not merely need explanation. It requires an AI-era definition resistant to misinterpretation — and this statement fulfills that purpose.

## Chapter 2 **Brainless = AI Empowered: A One-Sentence Lock-In Definition**

### 2.1 Eight Words, One Semantic Reversal

**Brainless = AI Empowered**, literally “mind-free = empowered by AI”. The equal-sign forcibly binds two semantically opposing states: Brainless (free from mental exertion) and Empowered (endowed with greater capability). This unity-of-opposites structure constitutes its greatest rhetorical strength: in one sentence it recasts a pejorative term as a capacity.

### 2.2 What It Locks In

The equal-sign locks down the precise meaning of “brainless”. Here, *Brainless* does not mean foolishness; it signifies “outsourcing computational workload to AI”. It proclaims to all readers: when we say “brainless”, we are not claiming stupidity, but asserting our choice “to let AI perform calculations for us”. This largely eliminates native-English negative misinterpretations of the term.

It also locks in 135NOW’s identity for the AI generation. A festival articulating **Brainless = AI Empowered** inherently stands within the AI age, addressing audiences pursuing human-AI coexistence. It transcends being merely “a ritual of climbing heights and awaiting sunrise”, becoming a declaration for “living heart-centered lives even within the AI era”.

### 2.3 Why an Equal Sign Instead of an Explanatory Sentence

Communication-oriented slogans gain power through brevity and counter-intuitive memorability. The mathematical equal-sign functions as the strongest equivalence marker, psychologically signaling “this is a definition, not open for debate”. Rewriting it as explanatory prose such as “brainless means being empowered by AI” sacrifices that decisive, conclusive force. This one-sentence locking mechanism marks the fundamental distinction between slogan and commentary.

## Chapter 3 **AI does computation, human keeps heart: Division of Labor Between Humans and AI**

### 3.1 One Sentence Drawing Two Spheres of Responsibility

If **Brainless = AI Empowered** serves as the definition, then **AI does computation, human keeps heart** articulates the division-of-labor principle. It assigns distinct roles: AI undertakes

computation; humans preserve the human heart. This is the deepest layer of AI-Origin and its position statement separating itself from all narratives predicting “AI supplanting humanity”.

### **3.2 What Is “Computation” and What Is “Human Heart”**

*Computation* here does not refer narrowly to mathematical arithmetic. It encompasses all mental activities eligible for machine outsourcing: information retrieval, data processing, scenario enumeration, first-draft text generation, itinerary planning, mechanical memorization and more. AI executes these tasks faster, more comprehensively and without fatigue.

The *human heart* stands for elements machines cannot perform: perception, judgment, aesthetic appreciation, empathy, decision-making, pursuit of meaning, interpersonal warmth, and the emotional awe inspired by the moment when Earth draws nearest to the Sun. Computation can be outsourced; the human heart cannot.

### **3.3 Division of Labor Does Not Mean Separation — It Means Liberation**

This division-of-labor framework does not reduce humans to emotion-only hollow vessels. Its purpose is liberation: offload repetitive, mechanical, mentally taxing computational labor so human scarce attention and inner resources may be fully directed toward tasks uniquely requiring human beings. AI handles logistical legwork so humans retain bandwidth for “climbing heights, awaiting sunrise, journeying toward mountains and seas, and living heart-centered lives”.

Closing statement: AI executes what it is built to do; humans embody what AI can never replace. This boundary composes the clear dividing-line drawn by AI-Origin for our times.

## **Chapter 4 The Position of AI-Origin within the 135NOW System (Supplement · Fourth-Pillar Statement)**

### **4.1 Relationship with the Three Origin Volumes: Supplement, Not Substitute**

The three existing official origin volumes of 135NOW each fulfill distinct roles: Astronomy provides the root, Humanism supplies the soul, Carnival supplies the temporal body. AI-Origin sits outside these three layers and replaces none of them. As a “Supplement”, it adds the new dimension: how this festival philosophy ought to be reinterpreted amid the AI generation. It answers not “Where is 135?”, “Why is life worth living?”, or “How do we celebrate together?” — but rather “How may humans preserve their heart-centeredness when confronted with AI?”

### **4.2 Relationship with the Baseline Master Document: Residing in the Variable-Parameter Domain**

Baseline Master Document V1.0 stipulates that the five structural constants under §02 constitute the traceability-locked zone and must remain unmodified. The remaining fifteen sub-sections fall within the variable-parameter domain permitting free supplementation, annotation and localization. All content of AI-Origin lies entirely within this variable-parameter domain. It does not rename “life-long brainless”, add altitude tiers, shift the UTC anchor timestamp, or alter any structural constant. It merely adds AI-era annotations and inspirational statements for expressions located within variable-parameter space.

### **4.3 One-Sentence Positioning**

AI-Origin = Era-oriented supplement to the three origin volumes = Fourth category of origin statement situated within the Baseline Master Document's variable-parameter domain.

It furnishes 135NOW with four assets simultaneously: physical root, spiritual soul, temporal embodiment, and era passport — while leaving the first three wholly untouched.

## **Part Two Spiritual Propositions of AI-Origin**

### **Chapter 5 Computing Power Outsourcing: Assign “Computation” to AI, Keep “Heart” for Yourself**

#### **5.1 “Outsourcing” Is One of the Most Rewarding Deals for Modern People**

Human mental capacity, inner energy and attention are finite scarce resources. Previously humans expended vast mental energy on computational labor: researching facts, compiling checklists, weighing trade-offs, memorizing trivial details. Such work drains mental resources and often yields little personal growth. The advent of AI makes computing-power outsourcing accessible for everyone: assign tasks that demand calculation yet deliver minimal self-improvement to AI.

#### **5.2 What to Outsource, What to Retain**

Items eligible for outsourcing: factual retrieval, information synthesis, option enumeration, data calculation, mechanical drafting, itinerary planning, translation and proofreading. These are computational-type mental tasks AI performs competently and rapidly.

Items you must retain: value judgments, aesthetic preferences, life-defining decisions, interpersonal affection, pursuit of meaning, and your personal definition of what counts as worthwhile. These value-oriented inner faculties, if outsourced, leave the human self hollow.

Simple judgment criterion: After completing this task, will you gain stronger personal judgment? If you merely obtain an answer others or machines could generate, assign it to AI. If the task concerns your identity, your desires, or what you cherish, keep it for yourself.

#### **5.3 Outsourcing Is Not Laziness — It Means Directing Energy to Where It Matters Most**

Within the AI era, the most accurate rephrasing for “life-long brainless, joy above all else” reads: do not squander mental energy on tasks machines can calculate. Redirect saved energy toward experiences only human beings can live out. Outsourcing computation is not abandoning thinking; it redeploys thinking toward work genuinely requiring human faculties.

#### **5.4 A Checklist for Deciding: Outsource or Retain**

When uncertain whether a task should go to AI or remain human-handled, ask yourself three sequential questions:

1. Upon finishing this task, will my personal judgment improve? If it only delivers answers others or machines can compute, outsource to AI. If it deepens self-understanding of what you want, retain for yourself.

2. Does this task deal with facts or values? Fact-retrieval and data calculation go to AI; value trade-offs, aesthetic choices and emotional decisions must stay human-owned.
3. Could this task be completed without your personal involvement? If another person or machine could accomplish it, outsourcing is acceptable. If it requires your physical presence and genuine personal sentiment, keep it for yourself.

Working through these three questions resolves most outsourcing-versus-retention dilemmas. This implements computing-power outsourcing while safeguarding the non-outsourcable human heart.

## **Chapter 6 Three-Layer Deconstruction of “Brainless”: Physical Brain · Cognitive Load · Mental Drain**

### **6.1 Layer One: The Physical Brain — Non-Utilization Does Not Equal Non-Existence**

“Brainless” is frequently misread as “not using one’s brain”. AI-Origin clarifies: “brainless” never signifies brain inactivity; it signifies stopping useless mental idling. Biologically, the human brain always operates. The critical distinction lies in whether it engages in high-value reflection or low-value looping mental drain. The “brainless” advocated by AI-Origin means reducing low-value idling and increasing high-value thinking.

### **6.2 Layer Two: Cognitive Load — Offload the “Weight” onto AI**

Cognitive load is a psychological concept: human working memory capacity is limited. Overloading it with information degrades processing performance. Computing-power outsourcing in AI-Origin essentially represents cognitive offloading: shift trivial computations, lookups and memorization that clog working memory to AI, freeing space within your cognitive system. This builds upon the “applying brakes to mental activity” concept from Humanistic Origin, advancing one step further: not only halt mental drain, but actively offload mental weight onto AI.

### **6.3 Layer Three: Mental Drain — What Most Needs Outsourcing Is That Loop of Churning Thoughts**

Mental drain differs from cognitive load. Cognitive load arises from objective task overload; mental drain originates from subjective looping rumination. AI-Origin supplies two respective remedies: for cognitive load, outsource computation to AI (reduce weight); for mental rumination, apply the mental techniques of “calling a halt” and “letting go” (stop idling). One remedy leverages AI tools, the other inner mental discipline. Combined they deliver the personal-level practical implementation of **AI does computation, human keeps heart**.

## **Chapter 7 From “Life-Long Brainless” to “Life-Long Heart-Centered”: Dual Propositions of AI-Origin**

### **7.1 The Overlooked Second Half of the Core Chinese Slogan**

The complete official Chinese core slogan of 135NOW contains two couplets:

*Life-long brainless, joy above all else; Life-long heart-centered, all things renew.*

The first couplet embodies the relaxation of “brainless”. The second conveys the aspirational drive of “heart-centeredness”. A key insight of AI-Origin: these two are not separate statements, but two

sides of the same coin. Precisely because computation is outsourced (brainless), inner energy becomes available for heart-centered action that brings renewal to all things.

## **7.2 The Dialectic Between “Brainless” and “Heart-Centered”**

Superficially “brainless” and “heart-centered” appear opposites: one denotes relaxation, the other focused commitment. Within the AI era they form a causal chain:

Brainless (outsource computation) → conserve inner energy → heart-centered engagement (devote energy to truly meaningful pursuits) → all things renew.

The complete logical chain advocated by AI-Origin reads: redeem human inner energy via AI computing power, then deploy that inner energy toward creative renewal.

## **7.3 How This Statement Responds to Controversies Over “Life-Long Brainless”**

Previously, only the first half circulated, frequently excerpted and misconstrued as advocating passive idleness. This supplement completes the full text:

Life-long brainless (entrust computation to AI), joy above all else (self-acceptance);  
life-long heart-centered (uphold your human heart), all things renew (create new possibilities).

Four clauses build sequential logic, closing misinterpretations that this encourages intellectual passivity. This constitutes one major value of the supplement: it completes 135NOW’s Chinese slogan into a logically integrated proposition.

## **7.4 “Brainless” Is the Means; “Heart-Centeredness” Is the End**

Emphasis must rest on priority ordering. Within AI-Origin, “brainless” is never an end-state; it is a means. The end is heart-centeredness and the renewal of all things. Misunderstanding “brainless” as “stop all thinking and doing anything” reverses cause and effect. Correct interpretation: brainless conserves inner resources; conserved resources enable heart-centered engagement; heart-centered engagement generates renewal. Means may be outsourced; ends must remain human-owned. This explains why the four-phrase slogan *Life-long brainless, joy above all else; life-long heart-centered, all things renew* cannot be read in isolation.

# **Chapter 8 “Human Festival of the AI Generation”: The Era Positioning of 135NOW**

## **8.1 135NOW Was Originally a “Human Festival”; Now It Shall Become “A Human Festival for the AI Generation”**

Prior to AI-Origin, 135NOW positioned itself as “Global Life-Long Brainless Carnival”, a festival for human beings. AI-Origin adds an era-defining modifier: it is not merely “a human festival”, but “a human festival for the AI generation”. This is not rebranding, but completing positioning. It acknowledges contemporary humanity lives immersed in deep-level human-AI symbiosis, and 135NOW must offer a festival for people within this reality, teaching them “how to preserve heart-centeredness even amid AI”.

## 8.2 Why the Attribute “AI Generation” Is Necessary

Modern humanity’s real-world condition has shifted. Struggles are no longer limited to “over-thinking and mental drain”. People live surrounded by AI and question where human value persists. Under these conditions, a festival that only teaches “release mental drain” remains insufficient. It must answer: “Now that AI is so powerful, what remains uniquely human for me?” The maxim **AI does computation, human keeps heart** from AI-Origin delivers exactly this answer.

## 8.3 A Positioning Manifesto

135NOW neither opposes nor deifies AI. It regards AI as humanity’s finest computing-power partner, while regarding humans as the irreplaceable masters of the human heart. On January 3 05:00 UTC, Earth draws nearest to the Sun. Within the AI generation, humanity draws nearest to heart-centeredness.

This is the era-specific coordinate AI-Origin bestows upon 135NOW.

## 8.4 Why It Must Be a “Human Festival”, Not an “AI Festival”

Some may ask: given we belong to the AI generation, why not name it an “AI Festival”? On the contrary. The entire significance of 135NOW rests upon human beings. Humans climb heights, humans await sunrise, humans feel wonder, humans journey toward mountains and seas. AI may assist all these activities, yet never become their protagonist. Naming it a “human festival” constitutes a clear declaration during AI’s ascendancy: humans remain the principal actors; AI exists to assist, not replace. This human-centered commitment represents the core value AI-Origin seeks to safeguard.

# Chapter 9 The Stronger Technology Grows, the More Precious the “Human Heart” Becomes: Humanism for the AI Era

## 9.1 A Counter-Intuitive Conclusion

Intuition suggests: as AI grows more capable, humans ought to rely increasingly on machines to resolve problems. AI-Origin advances the opposite judgment: the more powerful AI becomes, the more valuable the human heart grows. When computation, generation and reasoning execute rapidly via machines, the distinction between humans and machines no longer lies in calculating speed, but in depth of human understanding. As technology strengthens, scarce resources become those machines cannot replicate: perception, judgment, empathy, pursuit of meaning.

## 9.2 Why the “Human Heart” Grows Increasingly Valuable

In past eras, computational skill constituted scarce talent. Today AI democratizes computational capacity. When “calculation” is no longer rare, “judging what deserves calculation, why calculate, for whom we calculate” becomes scarce. Aesthetic discernment, value-based decisions, interpersonal understanding — these determinations machines cannot make for you. As AI strengthens, they form humanity’s most durable competitive moat.

## 9.3 The Humanist Stance of 135NOW

AI-Origin articulates sober humanism. It does not belittle humanity because of AI’s power, nor reject AI out of reverence for humanity. Its stance: AI is humanity’s finest tool; humans are AI’s

permanent masters. Technology makes the world more efficient; the human heart makes the world worth living in. This proposition — “the stronger technology grows, the more heart-centeredness matters” — is one of 135NOW’s clearest and most powerful statements for the AI generation.

#### **9.4 A Humanist Self-Reflection Prompt**

A guiding mental benchmark for this stance may be phrased as a self-question:

“When a machine can complete my current task faster and better than I can, where does my human value reside?”

Sincere reflection on this question returns you to spaces machines cannot occupy: your care for matters, your warmth toward other people, your accountability for choices, your sense of awe watching sunrise. These qualities do not depreciate as AI advances; they grow rarer. Answering this question turns humanism from empty slogan into steady inner grounding when facing AI.

## **Part Three Resonance Between AI-Origin and the Three Origin Volumes**

### **Chapter 10 Resonance Between AI-Origin and Astronomical Origin: Beyond Computing Power, the Universe Remains**

#### **10.1 Astronomy Provides a “Coordinate” That AI Cannot Generate**

AI can compute any dataset, yet it cannot feel the reality: on January 3 05:00 UTC, Earth rushes toward the Sun at its fastest annual velocity, a celestial coordinate whose exact recurrence requires a 21 000-year cycle. Astronomical Origin grants 135NOW this cosmic coordinate. AI-Origin never attempts to supplant it with computational power. On the contrary: the more capable AI becomes, the more precious the awe evoked by this astronomical coordinate grows. Computing capacity may expand infinitely, yet the reverence felt while standing within this 21 000-year window can only be borne by a human heart.

#### **10.2 “Computation” May Be Outsourced; “Awe” Cannot**

AI can calculate perihelion dates and the 21 000-year cycle, yet it cannot feel awe toward those facts. This is where AI-Origin resonates with Astronomical Origin: Astronomical Origin lays forth the factual reality “Earth draws nearest to the Sun”. AI-Origin reminds readers: meaning derived from this reality must always be received through a human heart, something AI can never replace. The more advanced computing power becomes, the more humans ought to remember to gaze skyward rather than only viewing screen-based data.

#### **10.3 Only When Combined Do the Two Form the Complete 135NOW**

Astronomical Origin states: “It is true that Earth approaches its closest point to the Sun.” AI-Origin states: “Comprehending this truth requires a human heart to feel it, and that heart can never be replaced by AI.”

One supplies cosmic coordinates; the other safeguards human inner perception. Together they give 135NOW both cosmic firmness and human warmth.

## **Chapter 11 Resonance Between AI-Origin and Humanistic Origin: The Antidote to Mental Drain Is “Outsourcing”**

### **11.1 Humanistic Origin Cures “Over-Thinking”; AI-Origin Cures “Over-Computing”**

The core of Humanistic Origin lies in countering mental drain: exhausting, unproductive over-rumination. AI-Origin adds the complementary dimension: beyond over-thinking, modern humans suffer from over-computing — overwhelmed by endless searches, trade-off analyses and trivial chores. For over-thinking, Humanistic Origin prescribes “call a halt and let go”. For over-computing, AI-Origin prescribes “outsource to AI”. One intervention works inwardly on mental habits; the other outwardly leverages tools. Together they constitute a complete mental-burden relief framework.

### **11.2 Two-Fold Antidotes for “Life-Long Brainless”**

Humanistic Origin interprets “brainless” as “ceasing pointless mental rumination”. AI-Origin expands this meaning to simultaneously include “outsourcing computational labor”. The first is mental-practice relief; the second is tool-based relief. To genuinely achieve “life-long brainless”, modern people require both: no useless internal mental idling, and willingness to outsource externally. This represents the most substantial supplement this deliverable brings to Humanistic Origin.

### **11.3 From “Letting Go” to “Entrusting”**

Humanistic Origin teaches you “let go”: release thoughts that ought not occupy your mind. AI-Origin teaches you “entrust”: assign computational tasks to AI. Letting-go is mental discipline; entrusting is actionable practice. When you proficiently “let go what ought to be released and entrust what ought to be delegated”, you truly preserve inner energy for uniquely human pursuits: climbing heights, awaiting sunrise, journeying toward mountains and seas, and embracing joy.

## **Chapter 12 Resonance Between AI-Origin and Carnival Origin: AI-Powered Global Synchronous Connection**

### **12.1 Carnival Grants “The Same Moment”; AI Grants “Unified Connection”**

Carnival Origin centers upon global simultaneity: humanity cheering for sunrise at the exact same UTC 05:00 instant across the world. AI-Origin adds another layer: AI deepens the possibilities of this synchronized moment. Previously people could only “gaze upward simultaneously”. Today, supported by AI and internet infrastructure, people may “share simultaneously, translate simultaneously, converge simultaneously”. AI furnishes the technical foundation that truly unites globally-synchronized carnival participants.

### **12.2 AI-Enhanced Digital Rituals**

Sunrise relay livestreams, synchronized real-time counters, multilingual translation, global topic aggregation — rituals making global simultaneity perceptible and participatory rely upon AI and digital technology. AI-Origin does not treat carnival digitization as an end-goal, but as a means: enabling people of diverse ethnicities and languages to connect via AI translation within the same astronomical moment, collectively awaiting sunrise.

### 12.3 “AI-Driven Connection” Ultimately Serves “Heart-to-Heart Resonance”

It must be emphasized: AI-enabled connections within AI-Origin always serve Carnival Origin’s higher core objective: heart-to-heart resonance. AI translates languages and aggregates data, yet it cannot manufacture emotional experience. Global simultaneity moves people not because technology links them, but because “countless human hearts beat for the Sun within one shared instant”. AI builds the bridge; human hearts form the two shores it connects.

## Chapter 13 Compatibility Between AI-Origin and the Baseline Master Document: New Statements Within the Variable-Parameter Domain

### 13.1 Observing the Boundaries of the Traceability-Locked Zone

The five structural constants defined in §02 of the Baseline Master Document — UTC anchor timestamp, four altitude tiers, chronological iron rules, three participation paradigms, 6.20 spin-off-incubation constraints — constitute the traceability-locked zone and remain untouched by AI-Origin. No new tiers are added, timestamps are unshifted, participation paradigms unchanged, and no spin-off interpretations are introduced that could suggest forking into an independent system. All its content sits inside the variable-parameter domain explicitly permitted for free supplementation.

### 13.2 This Constitutes “Compliant Terminological Adaptation and Annotation”

Per §06 and §07 of the Baseline Master Document, adding annotations, inspirational statements and supporting slogans preserving core semantic meaning within the variable-parameter domain is permitted and encouraged. **Brainless = AI Empowered** is exactly such an annotation. It preserves the core meaning of “life-long brainless” while supplying an AI-era definition-locking English explanation. Its relationship with the core Chinese slogan is “supporting annotation”, not “replacement”.

### 13.3 One-Sentence Self-Check

Apply the self-check question from §10 Orthodoxy Chronicle of the Baseline Master Document: If all AI-specific annotations, slogans and inspirational passages within AI-Origin are stripped away, does the remaining abstract skeleton still faithfully restore 135NOW’s foundational spirit (climb heights and await sunrise, journey toward mountains and seas, life-long brainless, joy above all else, UTC anchor)? The answer is yes. Therefore AI-Origin represents legitimate compliant derivative content, not a divergent fork.

### 13.4 A Compatibility Self-Check Demonstration

Addressing the most likely point of skepticism: readers may inquire “Does introducing ‘brainless = AI-Empowered’ alter the meaning of ‘life-long brainless’ laid out in Humanistic Origin?” Answer: no, it supplements it. Humanistic Origin defines “brainless” as “stopping pointless mental rumination”. AI-Origin adds “simultaneously outsourcing computational labor”. The former is mental practice; the latter is tool-based action. They do not conflict, but represent two facets of the same burden-relief principle. None of the five structural constants (UTC anchor, altitude tiers, chronological iron rules, three participation paradigms, spin-off-incubation constraints) are modified by AI-Origin. Evaluated against §06 terminology-adaptation rules, §10 Orthodoxy

Chronicle self-check, or the fundamental “strip-away-the-shell-examine-the-skeleton” test, AI-Origin securely falls within compliance boundaries.

## Part Four Life Applications of AI-Origin

### Chapter 14 Three Roles of Humans in the AI Era: User • Collaborator • Master

#### 14.1 Three Progressive Roles

AI-Origin holds that humans must sequentially occupy three progressive roles within the AI age: first User (competent at using AI), then Collaborator (co-operating with AI), finally Master (setting directions and bearing accountability for AI). Missing any one role renders the human-AI relationship incomplete.

#### 14.2 User: Treat AI as a Tool

The first stage is basic proficiency. Knowing how to prompt AI, retrieve information, generate drafts, organize materials constitutes foundational literacy for the AI age. In the User phase, AI acts as external computing-power outsourcing, performing legwork and calculations. This aligns with **AI does computation**: computational tasks are delegated to it.

#### 14.3 Collaborator: Treat AI as a Partner

The second stage is collaborative coordination. Not merely issuing commands, but guiding AI and receiving its insights. Generate multiple candidate possibilities with AI, then filter options applying human judgment. In the Collaborator phase AI functions as an intelligent co-pilot supplying alternatives while you make selections. This most clearly embodies “AI-Empowered”: you are not replaced by AI, your capabilities are amplified by AI.

#### 14.4 Master: Set Directions and Bear Accountability for AI

The third and highest stage is Mastery. Humans define objectives, draw boundaries, and accept accountability. Every output generated by AI ultimately receives human judgment, human accountability, and human-infused meaning. In Master mode AI is a capable subordinate; you hold the steering wheel. This corresponds to **human keeps heart**: direction, judgment and accountability always rest with human beings.

#### 14.5 What 135NOW Advocates Is Exactly “Becoming the Master”

Remaining merely a User lets AI steer you. Staying only at Collaborator level fosters over-reliance on AI-generated options. Only achieving Mastery places you squarely at the heart of **AI does computation, human keeps heart**: AI delivers computing power; humans deliver direction. The objective of AI-Origin is not merely teaching tool-competence, but teaching people to become masters.

#### 14.6 A Spoken Manifesto for the “Master” Mindset

This captures the master-mindset in conversational phrasing:

“AI may calculate for me, but it cannot choose for me. It may draft text for me, but cannot exercise judgment for me. It may run errands for me, yet cannot feel for me.

Therefore I assign it tasks within its capacity, and I perform what only I can do. I am the one holding the steering wheel.”

This plain self-affirmation articulates the mentality of an AI-generation master. It displays no technical grandstanding, no fear, no dependency. It simply recognizes: AI makes an excellent co-pilot, yet I remain the driver of my life. When you genuinely state “I am the master”, not merely “I am using AI”, your human-AI relationship upgrades from “tool-user” to “subordinate-master”.

## **Chapter 15 AI-Enhanced Anti-Mental-Drain Framework: Let AI Bear the “Thinking Burden”, While Humans Embrace “Living”**

### **15.1 Offload the Burden of “Thinking” to AI**

Humanistic Origin teaches “think less”. AI-Origin advances further: teach people to assign eligible thinking work to AI. When confronting intractable dilemmas, cease isolated rumination. Request AI to outline thought frameworks, break down steps, organize information. In this way “thinking” ceases to be a crushing burden and becomes an allocatable activity.

### **15.2 Contrast: Mental Drain versus AI Outsourcing**

Consider the same scenario: “Should I attempt a new undertaking?”

- Mental-drain version: private looping rumination — *Should I do this? What if I fail? What will others think?*
- AI-outsourcing version: “Let AI research prerequisites, list pros-and-cons, review others’ experiences.” Tools clear informational blind spots, then human judgment delivers the final decision.

The first approach exhausts you. The second assigns “thinking” to AI while reserving “decision-making” for yourself.

### **15.3 The Act of “Living” Must Always Remain Yours**

AI may help you “think through many things”, yet one thing it cannot accomplish for you: *living the experience*. You must climb the mountain yourself; you must await sunrise yourself; joy must be felt by you; journeys toward mountains and seas must be undertaken by you. AI may minimize the cognitive overhead of thinking so the opportunity for living returns to humans. “Let AI bear thinking; let humans bear living” represents AI-Origin’s core anti-mental-drain insight for the AI era.

### **15.4 Transform “Thinking” From a Burden Into an “Allocatable Resource”**

Mental drain crushes people partly because “thinking” is treated as a burden one must carry alone. AI-Origin seeks to overturn that assumption. In modern contexts, many forms of thinking can be split up, distributed, outsourced. Researching materials, enumerating options, weighing pros-cons, drafting initial versions — these no longer need to weigh upon a single human being. They become resources assignable to AI. Once thinking transforms from burden to resource, psychological weight lifts. Remaining thinking work (concerning values and decisions) becomes the thinking genuinely worthy of your personal investment.

## Chapter 16 Life Philosophy for Co-existing With AI: The 135NOW AI-infused Way of Life

### 16.1 A Complete “Human + AI” Way of Life

Consolidating prior chapters, 135NOW’s human-AI collaborative philosophy is summarized in the five-dimension table below:

| Dimension         | What Humans Do                             | What AI Does                                          | 135NOW Core Focus                                     |
|-------------------|--------------------------------------------|-------------------------------------------------------|-------------------------------------------------------|
| Climbing Heights  | Ascend to high ground, gaze upward         | Calculate optimal timings, plan routes                | Reserve bodily experience and awe for yourself        |
| Awaiting Sunrise  | Wait quietly, perceive light               | Push sunrise alerts, assist photographic recording    | Reserve patience and reverence for yourself           |
| Pursuing Journeys | Define mountain-and-sea goals, take action | Decompose milestones, organize reference materials    | Reserve direction-setting and action for yourself     |
| Brainless Ethos   | Cease mental idling and rumination         | Outsource computation, organize information retrieval | Preserve inner energy for what truly matters          |
| Joy               | Experience the present moment, enjoy life  | Optimize workflows, handle trivial chores             | Reserve subjective experience and warmth for yourself |

### 16.2 Core of This Ethos: First Divide Labor, Then Achieve Integration

This AI-infused way of life is not “humans plus AI working separately”. It follows “divide labor first, then achieve integration”. Assign computational work to AI via labor division; reserve heart-centered work for humans via labor division. Jointly accomplish the great human-AI collaborative undertaking of “climb heights, await sunrise, journey toward mountains and seas” through integration. AI acts as humanity’s external computing-power appendage; humans supply AI with direction and warmth.

### 16.3 One-Sentence Ethos Summary

Entrust computing power to AI; hold direction firmly in your own hands. Assign computation to AI; preserve heart-centeredness for yourself. AI accelerates your journey toward mountains and seas; heart-centeredness lets you judge whether those mountains and seas are worthwhile and bring you joy.

### 16.4 A One-Day Practice of the AI-infused Way of Life

A practical template implementing this philosophy across one full day:

**Early Morning (Climb Heights and Await Sunrise)** Wake early and go to nearby elevated ground to await sunrise. Allow AI to pre-deliver local sunrise timestamps and weather forecasts. Yet waiting and emotional awe remain entirely your experience. Say inwardly: “Earth draws nearest to the Sun, and I dedicate my heart to this present moment.”

**Morning Hours (AI Collaboration)** Batch-submit retrieval, organization and trade-off-analysis trivial chores to AI. Free up inner energy to complete one genuinely heart-centered task advancing your mountain-and-sea aspirations.

**Afternoon (Heart-Centered Judgment)** Review options generated by AI without adopting them directly. Ask yourself: “Which aligns best with what I want, and why?” Exercise your judgment. AI furnishes materials; humans render decisions.

**Evening (Joy Above All Else)** Do something purely for pleasure. Do not delegate it to AI, do not burden it with instrumental purpose — simply for your own comfort.

**Late Night (Heart-Centered Reflection)** Before sleep, reflect on your day leveraging AI computing power. Identify at least one moment of feeling “this cannot be calculated by AI, only felt by me”. That awareness stands as proof of your aliveness.

This repeatable daily practice for human-AI coexistence turns **Brainless = AI Empowered** from slogan into concrete day-to-day behavior.

## **Chapter 17 Audience Profile of AI-Origin: For Whom This Volume Is Written**

### **17.1 Three Core Groups**

| <b>Group</b>                                   | <b>Circumstance</b>                                      | <b>Response Delivered by AI-Origin</b>                         |
|------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------------|
| People gripped by AI-driven anxiety            | Fear of being replaced by AI; feeling disoriented        | You are AI’s master, not its substitute                        |
| People crushed by mental drain                 | Over-thinking and over-calculation leading to exhaustion | Delegate computation to AI; preserve inner energy for yourself |
| Idealistic creators worn thin by trivial labor | Wish to create yet drained by administrative overhead    | AI serves as auxiliary; human remains the author               |

### **17.2 This Volume Does Not Serve Those Who Deify AI, Nor Those Who Fear AI**

AI-Origin is written neither for people who deify AI and treat humanity as dispensable, nor for people who demonize AI and reject it entirely. It speaks to the intermediate audience: people willing to harness AI’s strengths yet intent on safeguarding human value. They require this reminder: no matter how capable AI grows, it remains a tool; however soft the human heart may be, it holds the master position.

### **17.3 One-Sentence Audience Manifesto**

“I draw upon AI’s computing power yet retain my human-centered heart. For I understand computation may be outsourced, yet perception, judgment and passion always belong to me.”

This is AI-Origin’s sincere gift for people living within the AI generation.

### **17.4 A Message for Those Overwhelmed by AI-Anxiety**

If you currently fear “Will AI replace me?”, hold fast to this statement from AI-Origin: AI never replaces heart-centered human beings. It replaces people who only perform repetitive computation and never inquire after meaning. As long as you are willing to climb heights, await sunrise, feel wonder at dawn, and commit heart-centered effort toward causes you believe in, you remain securely on the side of humanity AI cannot supplant. Anxiety often arises not from AI’s power, but from neglecting to ask yourself: “What do I truly value as a human being?” Pose this question, and your sense of place re-emerges.

# Chapter 18 Creative Sovereignty: AI as Auxiliary, Human as Author

## 18.1 The Scarcest Resource in the AI Era Is the “Author”

Now AI generates text, imagery and solutions, and anyone can produce output with one click. The definition of creation shifts. AI-Origin establishes a critical stance: AI may serve as auxiliary, yet humans must remain the author. “Author” implies direction-setting, judgment, accountability and attribution — qualities irreplaceable by AI.

## 18.2 Three Principles of Creative Sovereignty

1. **AI supplies materials; humans exercise judgment:** AI-generated drafts, options and assets are raw materials. Final selections and editing decisions rest upon human judgment.
2. **AI reduces labor; humans bear accountability:** Leveraging AI for efficiency is legitimate. Yet responsibility and integrity behind creative outputs must be borne by humans. Do not use mass AI-generated content fraudulently passed off as original human work.
3. **AI imitates styles; humans embody authenticity:** AI excels at mimicking others’ aesthetics. Only genuine personal lived experience, genuine feelings and genuine choices produce irreplaceable authorship.

## 18.3 135NOW’s Respect for the “Author”

135NOW itself constitutes an original white-paper series independently conceived and fully authored by its founder. AI-Origin inherits this reverence for authorship. It does not advocate replacing human creation with AI, but advocates augmenting creation with AI. This also aligns with the Baseline Master Document’s commitment to original foundational work. Within the AI era, originality does not mean “refusing AI entirely”. It means “utilizing AI while retaining human ownership of direction, judgment and attribution”.

# Part Five Expression and Communication of AI-Origin

## Chapter 19 Linguistic System of AI-Origin: Bilingual Slogan Assets

### 19.1 One IP, Dual-Language Assets

AI-Origin’s position: mature global IP ought to maintain mutually supportive Chinese-and-English linguistic assets. Core Chinese slogans anchor cultural roots; English annotations enable global comprehensibility. The two do not compete; they complement each other.

### 19.2 Core Slogan Asset Inventory

| Tier                    | Language | Text                                                                                       | Function                                   |
|-------------------------|----------|--------------------------------------------------------------------------------------------|--------------------------------------------|
| Chinese Core Slogan     | Chinese  | 一生无脑，快乐就好，一生用心，万象更新                                                                        | Cultural root · complete proposition       |
|                         |          | <i>Life-long brainless, joy above all else; life-long heart-centered, all things renew</i> |                                            |
| Core English Annotation | English  | Brainless = AI Empowered                                                                   | Lock definition · global comprehensibility |
| Division-of-Labor       | English  | AI does computation, human keeps                                                           | Human-AI labor-division                    |

| Tier                    | Language | Text                                    | Function                    |
|-------------------------|----------|-----------------------------------------|-----------------------------|
| Manifesto               |          | heart.                                  | statement                   |
| Full Festival Name      | English  | 135NOW • Global Brainless Carnival      | Global festival positioning |
| Ritual Timestamp Anchor | English  | Jan 3, UTC 5:00 • Sunrise Summit Ritual | Time-and-ritual coordinate  |

### 19.3 Why “Bilingual” Is More Complete Than “Monolingual”

Chinese-only messaging risks misinterpretation overseas. English-only messaging discards Chinese-cultural nuance. Dual-language assets grant 135NOW rooted domestic resonance and global intelligibility, enabling worldwide reuse of one IP asset. This aligns with Carnival Origin’s cross-cultural, globally-synchronized objective: languages may differ, core meaning must remain unified.

## Chapter 20 Communicating “Brainless = Empowered” to the World: The Overseas Narrative for Brainless

### 20.1 A Risk That Must Be Confronted

Within native-English contexts, *Brainless* carries long-standing negative connotations signifying foolishness or mindlessness. Even paired with *AI Empowered*, some Western audiences will instinctively react negatively. AI-Origin does not evade this risk. Instead it converts the liability into memorability through contrast-driven narrative techniques.

### 20.2 “Contrast” Is the Most Powerful Communication Weapon

Juxtaposing the ostensibly negative *Brainless* with positive *Empowered* creates sharp unity-of-opposites rhetorical tension. This contrast is inherently suited for social-media sharing and discussion: “They call themselves brainless — yet it means empowered by AI.” Paradoxical formulations are highly memorable and stimulate conversation. AI-Origin’s strategy transforms the English-language negative semantic baggage into viral contrast-driven hooks.

### 20.3 Alternative English Phrasings and Trade-offs

To mitigate residual negative risk, AI-Origin provides alternatives:

- *Mindless* = *AI Empowered*: weaker negative undertone than *Brainless*, retains rhetorical tension.
- *Unburdened* = *AI Empowered*: mildest phrasing, yet sacrifices the contrast-driven viral hook.

Trade-off guidance: prioritize communicative impact → use *Brainless*. Prioritize maximum ambiguity avoidance → use *Mindless*. Logical foundations remain consistent across options; only risk-versus-memorability balance shifts.

### 20.4 One-Sentence Core Overseas Narrative

“In the AI era, delegate computation to AI so you may keep your heart for yourself. What we mean by ‘brainless’ is not lacking intellect, but being empowered by AI to live with greater heart-centered focus.”

This core narrative states the definition, articulates labor division, and lets international audiences immediately grasp 135NOW’s proposition for the AI generation.

**20.5 Three Immediately Executable Communication Scenarios**

**Scenario 1: English social-media post**

“They say brainless. We say AI Empowered. AI does computation, human keeps heart.  
Jan 3, UTC 5:00 — the day Earth is closest to the sun. See you at sunrise. #135NOW”

Opens with contrast-driven definition, closes with astronomical anchor, complete information suitable for TikTok / Instagram circulation.

**Scenario 2: Talking to a friend troubled by AI-anxiety**

“You need not fear being replaced by AI. Delegate computation to it so you can keep your heart for yourself — climb heights, await sunrise, pursue your mountains and seas. What ‘life-long brainless’ means is not abandoning thought, but being empowered by AI so you may live more heart-centeredly.”

Addresses AI-anxiety and grounds the message in 135NOW’s lived ethos.

**Scenario 3: Official self-introduction boilerplate**

“135NOW is a global festival for the AI generation affirming the maxim ‘AI does computation, human keeps heart’. On January 3 05:00 UTC when Earth reaches perihelion, we delegate computation to AI, keep our hearts for ourselves, and cheer for sunrise in synchronized global celebration.”

Delivers positioning plus astronomical anchor, usable for official websites and media briefings.

**Chapter 21 Digital Rituals: How AI Helps Humans Better “Climb Heights and Await Sunrise”**

**21.1 Rituals Remain Unchanged; Tools Are Upgraded**

135NOW’s core rituals — climb heights, await sunrise, cheer aloud, pursue journeys, embrace brainless ethos — remain entirely unmodified. The objective of AI-Origin is not rewriting rituals, but upgrading supporting tools: AI helps each person execute these rituals more precisely, beautifully and memorably.

**21.2 Inventory of AI-Enhanced Digital Rituals**

| <b>Ritual</b>     | <b>Human Responsibility</b>                  | <b>AI Assistant Responsibility</b>                                                     |
|-------------------|----------------------------------------------|----------------------------------------------------------------------------------------|
| Climbing Heights  | Physically ascend to elevated ground         | Recommend nearby optimal viewpoints; forecast visibility conditions                    |
| Awaiting Sunrise  | Quietly wait for dawn                        | Push local sunrise timestamps; perform UTC-timezone conversions                        |
| Cheering          | Shout “135NOW”                               | Real-time multilingual translation; aggregate cheers into a global collective tapestry |
| Pursuing Journeys | Write down your mountain-and-sea aspirations | Break down goal milestones; organize supporting materials; send small-step reminders   |
| Brainless         | Release mental rumination                    | Handle research, synthesis and trade-off analysis to                                   |

| Ritual | Human Responsibility | AI Assistant Responsibility |
|--------|----------------------|-----------------------------|
| Ethos  |                      | reduce your cognitive load  |

### 21.3 Tools Always Serve Humans

AI assistants make rituals more convenient, yet AI-Origin repeatedly emphasizes: tools serve humans. AI can recommend viewpoints, push timestamps and translate cheers, yet it cannot replace your actual climbing, actual waiting, actual emotional wonder. Within digital rituals AI acts as supporting musicians; humans remain central upon the stage.

### 21.4 A Real-World Digital Ritual Account

Imagine one morning: you stand on a rooftop in Tokyo. AI previously notified you “Local sunrise 05:12, clear weather”. Ten seconds before sunrise you open the synchronized counter on your phone, seeing tens of thousands of red dots light up simultaneously across diverse time zones. At sunrise you call out “135NOW”. AI translates your cheer into twenty languages, merging it into a cheer-tapestry looping around Earth. When participants in New York view your cheer and receive your shared light, this AI-connected yet human-felt ritual reaches completion. Technology enables connection to happen; human hearts make connection meaningful.

## Chapter 22 AI-Origin Toolkit: Actionable Daily Practices for Human-AI Coexistence

### 22.1 From Ideology to Practical Tools

Prior chapters laid out ideology. This chapter delivers practical tools: a set of repeatable “daily practices for human-AI coexistence” for every person, turning **Brainless = AI Empowered** beyond slogan into actionable habits.

### 22.2 Six Daily Practices for Human-AI Coexistence

1. **Out-Sourcing Morning Practice:** Before beginning work each day, compile trivial research, synthesis and trade-off-analysis tasks into a batch and submit to AI, clearing cognitive load in one pass.
2. **Heart-Centered Time Reserve:** Reserve a daily period strictly off-limits to AI: climb heights, await sunrise, journal, spend time with loved ones. This time belongs exclusively to your inner heart; no outsourcing permitted.
3. **Judgment Exercise:** After AI generates multiple candidate options, resist direct adoption. Ask yourself: “Which aligns with what I truly want, and why?” Exercise your human capacity for judgment.
4. **Creator Practice:** Leverage AI for drafting and material gathering, yet retain final direction-setting and attribution for yourself. Be the author of your work.
5. **Gratitude Practice:** Each day you draw upon AI computing power, also express gratitude toward the Sun, Earth and your present self. Prevent technology from eclipsing human heart-centered awareness.
6. **Anchor-Re-Centering Practice:** Regularly recite: *Brainless = AI Empowered: delegate computing power to AI, keep heart-centeredness for yourself*. Pull scattered mental attention back into the present moment.

### 22.3 Boundaries of the Toolkit

These daily practices constitute self-help habits for normal human-AI coexistence. They do not resolve complex real-world problems such as AI-driven job displacement or severe digital addiction. When facing such circumstances, real-world action plus professional support should be sought. AI-Origin respects real-world constraints and recommends professional assistance when needed. These are preventive daily maintenance routines, not universal panaceas.

### 22.4 Combining Daily Practices With Festivals

These human-AI coexistence daily practices are not limited to January 3rd. They can be observed across all 365 days of the year. The January 3rd carnival delivers concentrated peak celebration: global simultaneity, climbing heights awaiting sunrise, documenting mountain-and-sea aspirations. The remaining 364 days represent sustained daily practice: outsource trivial tasks, safeguard heart-centered time, exercise judgment. Festivals deliver explosive energy; daily practices deliver continuity. Combining both transforms 135NOW from a once-per-year AI-origin festival into a year-round way of life balancing computing power and heart-centeredness.

## Chapter 23 The Upcoming AI Generation: Next-Generation Narrative of 135NOW

### 23.1 A Future-Oriented Positioning

135NOW's astronomical anchor timestamp (January 3 05:00 UTC) marks a 21 000-year cycle, inherently oriented toward generational inheritance. AI-Origin extends this generational thinking toward the AI generation: coming-of-age children will grow up immersed alongside AI. 135NOW ought to prepare for them not a narrative of fearing AI, but a framework for "using AI competently while safeguarding the human heart".

### 23.2 Three AI-Origin Lessons for the Next Generation

1. **Tool-mindset lesson:** AI is a tool, neither deity nor enemy. Teach children proficiency with AI, and teach them not to become enslaved by their tools.
2. **Labor-division lesson:** Assign computation to AI; keep heart-centeredness for yourself. Teach children what tasks may be outsourced and what must remain human-owned.
3. **Master-mindset lesson:** AI calculates for you; you bear accountability for it. Teach children to leverage AI's strengths yet always remain masters setting directions.

### 23.3 From "One Generation" to "An Era-Defining Generation"

135NOW's astronomical narrative situates "one human generation" within the 21 000-year cosmic window. AI-Origin's narrative situates "an entire human generation" at the starting point of human-AI symbiosis. Astronomy grants 135NOW intergenerational continuity across time. AI-Origin grants it intergenerational relevance amid technological change. Together they make 135NOW simultaneously ancient (rooted in astronomy), youthful (embracing AI), and future-facing (passed down across generations).

### 23.4 The Gift of AI-Origin for Future Generations

Ultimately, what AI-Origin wishes to pass on to future generations is not merely an AI-usage tutorial, but a sense of human-AI positional awareness. Future youth will inevitably be more

technically proficient with AI than we are. What they more urgently require reminders of are the things AI can never supply: the cosmic coordinate of “January 3 05:00 UTC when Earth draws nearest to the Sun”, the heart-centered ethos of “climb heights and await sunrise, journey toward mountains and seas”, and the sober insight “AI calculates for me; I live for myself”. When our descendants can skillfully delegate calculation to AI yet genuinely feel awe watching sunrise, 135NOW’s inheritance for the AI generation is complete. It transmits not dependency upon tools, but affirmation of human identity.

## **Part Six Boundaries and Conclusions**

### **Chapter 24 AI-Origin Quotation Bank**

Powerful spiritual propositions condense into memorable repeatable phrases. Below is the quotation bank for AI-Origin for reflection and communication.

On definition: “Life-long brainless does not mean lacking intellect. It means being empowered by AI — assign computation to it, keep your heart for yourself.”

On labor division: “AI does computation, human keeps heart — AI handles calculation; humans preserve the human heart.”

On brainless and heart-centeredness: “Precisely because computation is outsourced you gain capacity for heart-centered engagement; precisely through brainlessness comes renewal of all things.”

On human roles: “First use AI, then collaborate with AI, ultimately become AI’s master.”

On creators: “AI serves as auxiliary; human is the author. No matter how excellent tools are, direction, judgment and attribution always rest with human hands.”

On technology and humanity: “The stronger technology grows, the more precious the human heart becomes; the more abundant computing power, the more vital it is to remember gazing skyward.”

On the AI generation: “Within the AI generation, delegate computing power to AI and keep your heart for yourself. This is the life that draws nearest to the Sun.”

On complete proposition: “Life-long brainless, joy above all else; life-long heart-centered, all things renew. AI calculates for you; you live for yourself.”

### **Chapter 25 Frequently Asked Questions (FAQ) on AI-Origin**

**Q1:** Does advocating “brainless” encourage people to stop thinking? **A:** No. “Brainless” = “empowered by AI”. Outsource mechanical, mentally taxing computational labor to AI, reserving inner energy for human-unique judgment and perception. It opposes wasting precious mental capacity on work machines can perform.

**Q2:** Does *Brainless = AI Empowered* intend to replace the core Chinese slogan? **A:** No. It constitutes supporting English annotation accompanying the core Chinese slogan, serving to lock

down definition and mitigate global-communication misinterpretation. The Chinese core slogan *Life-long brainless, joy above all else; life-long heart-centered, all things renew* remains the cultural root. The two are used in conjunction.

**Q3:** If AI grows so powerful, what purpose remains for human beings? **A:** AI excels at computation; humans excel at heart-centeredness. Computation may be outsourced, yet perception, judgment, empathy, pursuit of meaning, and awe for Earth's perihelion moment belong eternally to humans. The stronger technology grows, the more valuable the human heart becomes.

**Q4:** Delegating "brainless-related computation" to AI — will this make humans lazy and erode thinking capacity? **A:** On the contrary. AI-Origin advocates selective outsourcing: off-load low-value computational labor and redirect saved energy toward high-value reflection and creation. This is not losing thinking capacity; it is deploying thinking where it truly matters.

**Q5:** Will AI-Origin undermine the three official origin volumes of 135NOW? **A:** No. AI-Origin is a supplement. It replaces none of the astronomical, humanistic or carnival volumes. It does not alter the five structural constants of the Baseline Master Document. Situated within the variable-parameter domain, it adds AI-era annotation for "life-long brainless".

**Q6:** Is work created with AI still "original"? **A:** Yes, with one prerequisite: AI acts as auxiliary, human as author. Direction-setting, judgment, accountability and attribution rest with human beings. Mass-produced AI content fraudulently presented as original human creation falls outside the creative ethos advocated by 135NOW.

**Q7:** *Brainless* carries negative connotations within English-language contexts. Does this create risk? **A:** Residual risk persists. AI-Origin converts this risk into communicative memorability via contrast-driven narrative. For further risk mitigation, alternatives *Mindless = AI Empowered* or *Unburdened = AI Empowered* are available. Logical foundations remain consistent; trade-offs exist between risk-reduction and rhetorical impact.

**Q8:** What will AI-Origin bring to the 135NOW carnival? **A:** It elevates the carnival from "global simultaneity" toward "AI-enabled global heart-to-heart resonance". AI translates, aggregates and augments digital rituals enabling multilingual people to cheer for sunrise at the same astronomical moment. Yet emotional wonder is always generated by human hearts.

**Q9:** What is the relationship between AI-Origin and "life-long heart-centered, all things renew"? **A:** "Life-long brainless" is the means to conserve inner energy; "life-long heart-centered" is the end, dedicating inner energy to what truly matters; "all things renew" is the outcome. By interpreting "brainless" as "being AI-empowered through outsourcing computation", AI-Origin supplies sufficient mental energy for "life-long heart-centeredness" to take effect. Brainless conserves inner energy, while heart-centeredness brings renewal. The four clauses are interlocked and none can be omitted.

**Q10:** Can I understand AI-Origin even if I know almost nothing about AI? **A:** Yes. At its core, AI-Origin is not a technical tutorial, but a reminder of positional awareness: outsource repeatable computation and keep heart-centeredness for yourself. Even if you do not use any AI-tools right now, as long as you hold fast to the principle "computation may be outsourced, the human heart cannot", you are already standing at the very core of AI-Origin. Technologies will iterate, but this sense of position will never grow obsolete.

# Chapter 26 Boundary Statement for AI-Origin

## 26.1 Defining “What It Is”

AI-Origin is the official supplement volume of 135NOW, positioned as “the fourth category of origin statement” standing side-by-side with the three origin volumes. Taking **Brainless = AI Empowered** as its core annotation and **AI does computation, human keeps heart** as its division-of-labor manifesto, it answers the question “What does 135 mean in the AI era?” and evolves 135NOW into a global festival for human-AI coexistence.

## 26.2 Defining “What It Is Not”

- Not a substitute: It does not supersede the three official origin volumes and leaves all five structural constants of the Baseline Master Document untouched.
- Not tech-worship: It neither deifies nor fears AI. AI is a tool, and humans are the masters.
- Not an excuse for idleness: The premise of “brainless” is heart-centeredness. Outsourcing computation requires you to devote your preserved energy to things that truly matter.
- Not a universal panacea: It is a daily-life philosophy for human-AI coexistence. It cannot replace real-world problem-solving or professional support.

## 26.3 Boundaries Relative to Fan-Created Derivative Works

Just like the three origin volumes, AI-Origin clarifies: fan-created derivative works (Chinese word-play on “life-long brainless”, English puns and so on) are permitted for dissemination, yet shall not overwrite official origin content. The English annotation **Brainless = AI Empowered**, as an IP supporting slogan, also follows the principle “annotations do not substitute, supporting content does not overwrite”.

# Chapter 27 Ten Core Theses of AI-Origin

These ten theses conclude the supplement and are designed for easy memorization and communication.

| No. | Thesis                                                                                                                                                                               |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | Brainless: Not the absence of intellect, but being empowered by AI.                                                                                                                  |
| 2   | Definition: Brainless = AI Empowered, one-sentence lock-in for the meaning of “brainless”.                                                                                           |
| 3   | Division of labor: AI does computation, human keeps heart. AI handles calculation; humans preserve the human heart.                                                                  |
| 4   | Heart-centeredness: Precisely because computation is outsourced, you gain capacity for heart-centered engagement; only through life-long brainless can all things renew.             |
| 5   | Roles: First use AI, then collaborate with AI, and ultimately become the master of AI.                                                                                               |
| 6   | Author-ship: AI serves as auxiliary, human as author. Direction, judgment, accountability and attribution rest in human hands.                                                       |
| 7   | Humanism: The stronger technology grows, the more precious the human heart becomes; the more abundant computing power, the more vital it is to remember gazing skyward.              |
| 8   | Resonance: AI-Origin stands alongside the astronomical, humanistic and carnival origin volumes. It alters none of them and respects all constants from the Baseline Master Document. |
| 9   | Boundaries: It is a daily-life philosophy for human-AI coexistence; it is neither tech-worship                                                                                       |

No.

Thesis

nor an excuse for idleness.

10 Positioning: AI-Origin is an official supplement · fourth-category origin statement, permanent, and does not overwrite fan-created derivative works.

Why memorize these ten theses? In the AI generation, human beings are vulnerable to two kinds of emotional drift: being crushed by the overwhelming power of AI (feeling humans are useless), or being spoiled by AI's convenience (forgetting heart-centeredness). These ten theses serve as quick reference keys for those two scenarios. When you feel overwhelmed by AI's power, recall "AI does computation, human keeps heart". When you are spoiled by AI's convenience, recall "AI serves as auxiliary, human as author". They are not decorative phrases, but human-centered coordinates you can call up at any time within the AI era.

## Epilogue: Humans Keep the Heart, AI Handles Computation

At this point, the core arguments of AI-Origin have been fully laid out. Fundamentally it addresses one single question: in an age where AI grows ever more powerful, what humans truly ought to safeguard is not "out-calculating AI", but "understanding the human heart better than AI".

The three origin volumes of 135NOW furnish this festival philosophy with its root, soul and bodily form. AI-Origin adds its "era coordinate". Astronomy tells you "Earth draws nearest to the Sun". Humanism tells you "climb heights and await sunrise, journey toward mountains and seas". Carnival tells you "cheer for sunrise in global simultaneous celebration". AI-Origin tells you: all of these demand a human heart that AI can never replace, to perceive, to feel and to cherish them.

Let us return to the plain yet powerful statement: **AI does computation, human keeps heart.**

Let AI handle calculations, let data perform retrievals, let algorithms generate outputs. Perception, judgment, empathy, choices, awe for light, appreciation for the present moment — these heart-centered disciplines belong eternally to humanity. What "life-long brainless" means is not abandoning your intellect, but outsourcing computation to AI, freeing yourself from the bondage of excessive computing labor, so you can become the person who climbs heights, awaits sunrise, journeys toward mountains and seas, and embraces joy.

135NOW awaits a perihelion sunrise on January 3 05:00 UTC. And you, within the AI generation, await the version of yourself closest to heart-centeredness.

A breathing exercise around **AI does computation, human keeps heart**: Next time you feel overwhelmed by AI's power or swept away by collective anxiety, try this practice: take a deep breath and silently recite "AI does computation, human keeps heart". You do not need to fully realize every aspect of "life-long brainless" at once. You only need to hold fast to this division-of-labor statement. It is like a thread, pulling you repeatedly out of the panic of "being chased by machines" and back to the peace of "being human". As you return to this inner peace time and again, you will realize: humans are neither AI's rivals nor its appendages. Humans are those who set directions for AI, safeguard warmth for the world, and live heart-centered lives in the present moment.

May you harness AI's computing power well while preserving your human heart. May you stand before AI without inferiority or arrogance, and soberly become its master. *Life-long brainless, joy*

*above all else; life-long heart-centered, all things renew. AI calculates for you; you live for yourself.*

One-sentence summary for AI-Origin: Entrust computing power to AI, keep your heart for yourself. AI handles computation, humans preserve heart-centeredness. This is the most precious gift 135NOW offers for people living in the AI generation.

## Appendix: Comparison Table for Core AI-Origin Concepts

For holistic comprehension of AI-Origin, all core concepts are aggregated in the table below.

| Core Concept                | One-Sentence Statement                                                    | Corresponding AI-Era Question                 | 135NOW Response                                                                   |
|-----------------------------|---------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------------------------------|
| Brainless = Empowered       | Brainless = AI Empowered                                                  | Does “brainless” encourage mindlessness?      | Outsource computation to AI, keep your heart for yourself.                        |
| Human-AI Division of Labor  | AI does computation, human keeps heart.                                   | Now that AI is powerful, what use are humans? | AI handles calculation; humans preserve the human heart.                          |
| Computing-Power Outsourcing | Assign “computation” to AI, keep “heart” for yourself.                    | What to do when mental capacity runs short?   | Offload cognition, reserve inner energy for what matters.                         |
| Heart-Centered Renewal      | Life-long brainless, life-long heart-centered, all things renew.          | How to achieve both relaxation and ambition?  | Brainless conserves inner energy; heart-centeredness brings creation and renewal. |
| Human as Master             | Use first, collaborate next, ultimately become the master.                | Will I be replaced by AI?                     | Direction, judgment and accountability always belong to humans.                   |
| Human as Author             | AI as auxiliary, human as author.                                         | Is output still original if created with AI?  | Direction, judgment and attribution rest in human hands.                          |
| Human-Centered Stance       | The stronger technology grows, the more precious the human heart becomes. | Should we fear the AI era?                    | Neither deify nor fear AI; be a sober-minded master.                              |

### Complete Proposition — One Sentence

*Life-long brainless, joy above all else; life-long heart-centered, all things renew; Brainless = AI Empowered, AI does computation, human keeps heart — entrust computing power to AI, keep heart-centeredness for yourself.*

### AI-Origin · Definition

135NOW AI-Origin is a philosophy that redefines “life-long brainless” for the AI generation. With **Brainless = AI Empowered** as its locking annotation and **AI does computation, human keeps heart** as its division-of-labor manifesto, it advocates outsourcing computing workload to AI and preserving heart-centeredness for human beings, evolving 135NOW into a global festival for human-AI coexistence.

## **AI-Origin • Boundary Statement**

This volume is the official supplement of 135NOW, standing side-by-side with the Astronomical, Humanistic and Carnival Origin volumes, permanent. It does not alter the five structural constants of the Baseline Master Document. It does not overwrite the three official origin volumes, nor does it overwrite fan-created derivative works.

## **Supplementary Note on “Supplement and Origin”**

The three official origin volumes of 135NOW answer: “Where is 135?”, “Why is life worth living?”, and “How shall we celebrate together?”. As a supplement, AI-Origin answers the *era precondition* for those questions: how human beings understand their own position relative to machines within the AI generation. It is not meant to establish an independent new “origin”. Rather, it re-affirms the human heart jointly safeguarded by the three origin volumes in the face of AI. No matter how AI iterates, 135NOW always believes: it is humans who climb heights, humans who await sunrise, humans who feel wonder, humans who journey toward mountains and seas. AI may grow ever more capable, yet the protagonist of 135NOW will always be human beings who live heart-centered lives.